

February 2018 Lunch Menu

PLEASE RECYCLE
Plastic Water Bottles!
*We **COMPOST** our Kitchen Vegetable Scraps for our School Garden.

Garden News
Spinach is growing in our COLD FRAMES,
And we'll just have to wait for spring for another growing season.

Pre-Paid Option
Is Available by making checks payable to:
Tuckahoe Common School District
Attn:
School Lunch Program

For Questions Or Comments-
Contact: Matt Doris
Food Service Director
631-283-3550 x311
Visit our website:
tuckahoecommonsdl.com

MON	TUE	WED	THU	FRI
			1 Pasta with Beef Meat Sauce Broccoli and Peaches	2 Whole Wheat PIZZA Fresh Vegetable SALAD +Pears
5 Chicken Nuggets Mashed Potatoes +Mixed Fruit	6 Sausage & Cheese On a Bun Fresh ZUCCHINI +applesauce	7 Teriyaki Noodles & vegetables with Chicken Breast Strips + peaches	8 Cheesy Mozzarella Bread w/ marinara Roasted Carrots And Orange Wedges	9 Whole Wheat PIZZA Fresh Vegetable SALAD +Pears
12 Chicken Breast patty On a Bun Mashed Potatoes +Mixed Fruit	13 All BEEF Hot Dog Roasted Potatoes MILK PAIL Apples	14 Pasta with Beef Meat Sauce Broccoli and Peaches	15 "Soup & Sandwich" Tomato Soup with Toasted Cheese Sandwich +Peaches	16 Whole Wheat PIZZA Fresh Vegetable SALAD +Pears
19 MID	20 WINTER	21 RECESS	22 SCHOOL	23 CLOSED
26 Chicken Nuggets Mashed Potatoes +Mixed Fruit	27 CHEESEBURGER On a bun With roasted potatoes MILK PAIL Apples	28 Baked Macaroni & Cheese Roasted Cauliflower Peaches		

AVAILABLE DAILY:
Boars Head
Turkey Breast or Honey Maple Ham
FRESHLY MADE
*Sandwiches, Salads & Wraps!
*Peanut Butter & Jelly Sandwich
*Bagel, Cereal, Yogurt for Lunch with Cheese Stick, Fruit & Vegetable

FARM 2 SCHOOL info:
This month we will be featuring locally grown MILK PAIL Apples

DAILY LUNCH OPTIONS include:
Strawberry D'animals YOGURT, salads, wraps, and specials are available for lunch in our new Grab n' Go cold case!!!

Tuckahoe Common School District

Lunch Prices:
Type A Lunch... \$2.50
Reduced Lunch... .25¢
Adult Lunch... \$3.35
plus Tax
*Menu Subject To Change

All Lunches Offer:
VEGETABLE plus FRUIT,
A GRAIN and PROTEIN,
MILK Choices of -
1% white or
FAT FREE Chocolate

BREAKFAST MENU SELECTION:
Whole Grain Cereal, Bagels, Oatmeal
BREAKFAST includes: MILK and FRUIT
Regular... \$1.25 - Reduced .25¢
Plus Daily SPECIALS!