

# JUNE 2017 Lunch Menu

|  | MON       | TUE       | WED       | THU  | FRI  |   |   |
|--|-----------|-----------|-----------|--|--|---|---|
| <p>Plastic Water Bottles !<br/>*We <b>COMPOST</b> our Kitchen Vegetable Scraps for our School Garden.</p> <p><b>Garden News</b><br/>Lettuce, Snow Peas, Radishes are here!<br/><u>Served to students as harvested.</u><br/>Potatoes are in the ground for the Fall.</p> <p><u>Pre-Paid Option</u><br/>Is Available by making checks payable to:<br/>Tuckahoe Common School District<br/>Attn:<br/><u>School Lunch Program</u></p> <p>For Questions Or Comments-<br/>Contact: Matt Doris<br/>Food Service Director<br/>631-283-3550 x311<br/>Visit our website:<br/>tuckahoecommonsdl.com</p> |           |           |           | <b>1</b><br><i>Chicken with Sauce &amp; Cheese Hero</i><br><b>+Carrots &amp; Oranges</b> | <b>2</b><br><b>Whole Wheat PIZZA</b><br>Fresh Vegetable SALAD<br><b>+Pears</b> | <p><b>AVAILABLE DAILY:</b><br/><b>Boars Head</b><br/>Turkey Breast or Honey Maple Ham<br/><b>FRESHLY MADE</b><br/>*Sandwiches, Salads &amp; Wraps !<br/>*Peanut Butter &amp; Jelly Sandwich<br/><br/>*<u>Bagel, Cereal, Yogurt for Lunch</u> with Cheese Stick, Fruit &amp; Vegetable</p> <p><b>PLEASE RECYCLE</b><br/><br/>*BAGEL Not Available as A La Carte for Pre-K, K, 1st, or 2nd Grade, Only as a <b>complete LUNCH</b> for \$2.50<br/><b>Sensible Snacks</b><br/>Available Daily in Vending Machines</p> <p><b>DAILY LUNCH OPTIONS include:</b><br/><br/>Strawberry D'animals YOGURT, salads, wraps, and specials are available for lunch!</p> |   |
|  | <b>5</b>  | <b>6</b>  | <b>7</b>  | <b>8</b>   | <b>9</b>   |   | <p><b>PLEASE RECYCLE</b><br/><br/>*BAGEL Not Available as A La Carte for Pre-K, K, 1st, or 2nd Grade, Only as a <b>complete LUNCH</b> for \$2.50<br/><b>Sensible Snacks</b><br/>Available Daily in Vending Machines</p> <p><b>DAILY LUNCH OPTIONS include:</b><br/><br/>Strawberry D'animals YOGURT, salads, wraps, and specials are available for lunch!</p> |
|  | <b>12</b> | <b>13</b> | <b>14</b> | <b>15</b>  | <b>16</b>  |   |   |
|  | <b>19</b> | <b>20</b> | <b>21</b> | <b>22</b>  | <b>23</b>  |   |   |
|  |           |           |           |  |  |   |   |
|  |           |           |           |  |  |   |   |

**Tuckahoe Common School District**

**Lunch Prices:**  
**Type A Lunch... \$2.50**  
**Reduced Lunch... .25¢**  
**Adult Lunch... \$3.35**  
**plus Tax**  
 \*Menu Subject To Change

**All Lunches Offer:**  
 VEGETABLE plus FRUIT,  
 A GRAIN and PROTEIN,  
 MILK Choices of -  
 1% white or  
 FAT FREE Chocolate

**BREAKFAST MENU SELECTION:**  
 Whole Grain Cereal, Bagels, Oatmeal  
**BREAKFAST includes:** MILK and FRUIT  
 Regular... \$1.25 - Reduced .25¢  
 Plus Daily SPECIALS !